

AUTISM NEWS NETWORK

Ainsley Knight

Member of the month

Scott is a member of the Autism News Network. He enjoys cars, hanging with the group, and being the godfather.



Upcoming events

Turkey Day Run 2019-Thursday
November 28, 2019

Holiday Festival of Lights-
November 15-December 31,
2019

Quote of the Month-Who says
dreams have to stay dreams?

Ariel

What's happening this month

November is the time for giving thanks, and for being with friends and family. At Project Rex, we are very thankful to be with one another. It shows that we have potential and that we can do anything we put our minds to. There are two events in November: the Holiday Festival of Lights and the Turkey Day Run. Both of these events are amazing and fun.



The first of many light displays at the Holiday Festival of Lights in Charleston, SC.

Things to be thankful for...

- Family
- Friends
- Pets
- A home
- Good health
- Education
- Food
- Clothing
- Good Life
- Independence



Treatment of the Month: Autism Social Skills

The treatment of the month is social skills for adults with autism. For adults with autism, they have a hard time learning and building up social skills. An example of teaching social skills is in a realistic setting. Another example is going to a group and meeting other people. The group means to include working in groups and pairs and building self esteem. Another way to teach social skills is with social stories. They can give people with autism a visual aid for social situations. Some individuals that can teach social skills are occupational therapists, school psychologist, and health and PE teachers. For more information, visit autismspeaks.org or ProjectRex.org

