

AUTISM NEWS NETWORK

By: Ainsley Knight

Events for January

January 18- Stingrays vs.
Atlanta Gladiators Sat.
6:05-11:59 pm

January 25- Charleston Animal
Society Pet Adoption Event @
Mt. Pleasant Palmetto Moon
11-3 pm Sat

January 26-Lowcountry Oyster
Festival Sun. 10am-5pm

New Year's Resolutions

- Exercise more
- Get organized
- Spend more time with family and friends
- Save more money
- Read more
- Travel more

Stingrays Hockey game Vs. Florida Everblades

Hey everyone! The stingrays played a great game, but sadly, they lost to the Everblades. Also, the Stingrays have partnered with MUSC to play with patients at the hospital. They include every single person, and no one is left out. They have come many times to the IOP and the patients have really enjoyed having them around.



Member of the month

Patrick Reid is a member of the Autism News Network. He has been involved with the group since it started about a year ago. His favorite things are Pokemon, playing on his phone, and eating snacks. He is good at editing videos.



Happiness is a warm puppy-
Charles Schulz



Stimming is something that people with autism do, and it helps them calm down. People without autism don't know why stimming helps them. Some examples of this are flapping of the hands, rocking back and forth, and making noises. Some of these actions cause people to look weirdly at the autistic individuals. For some reason, it does not embarrass them. If he/she feels anxious, stimming helps them, and they feel calmer. A fidget toy also helps. Also, a therapist is helpful because they can take the boy or girl out of their classroom if they need time to themselves. My mom has her own classroom that is very useful for students who need sensory time.

