Project Rex Issue IV February 2020

## AUTISM NEWS NETWORK

By: Ainsley Knight

### What's happening this month

Southeastern Wildlife Exposition- Feb. 14-16

2020 Lowcountry Heart Walk-Sat. Feb.29 8-12 Brittlebank Park

Lowcountry Family Expo- Sat. Feb.22 10-2pm Charleston Area Convention Center

### Member of the Month

Lee is a member of the Autism News Network. He enjoys being with the group and going to the mall. He's super nice to everyone in the group.



Lee, On the far left

# Southeastern Wildlife Exposition

The Southeastern Wildlife Exposition is a 3-day event in which vendors celebrate the diverse and beautiful nature we have around us. There are 3 locations in which this event takes place. One of the locations is Brittle bank Park. There is also a Dock dogs competition in which dogs and their owners compete to see how far their dog can jump. It consists of a pool filled with water and measurements on the sides of it. In Marion Square, there is an area in which there are owls and reptiles, and it is so cool. Many people bring their dogs to walk around, and I like seeing all the dogs having fun. In the Francis Marion Hotel, art is featured.



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## What's your favorite part about Valentine's day?

Chocolate

**Getting Valentines** 

Being loved

Going out and eating with a loved one

Getting cards



#### Music therapy

Music can help an Autistic individual express themselves through song as opposed to speaking. It can also help with social skills, sensory issues, and behavior. A typical session has an opening, an intervention, and a closing. The opening consists of singing a hello song, doing a check-in, and asking a question about how the patient is doing. The intervention is the middle part. There are 4 parts. The 1st part is performing/playing. The 2nd part is composing. The 3rd part is improvising. and the last part is receiving/listening. The closing consists of a good-bye song and a closing check-in.



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