

# AUTISM NEWS NETWORK

By: Ainsley Knight Issue 7

## Member of the month

Miles is a member of the Autism News Network. He enjoys playing on his iPad. He is in a group message called GroupMe, and he has done an excellent job with being kind on it.

## What's happening this month

Saturday March 7- Woofstock 2020

Friday March 20- Cher: Here we go again tour 7pm

Saturday March 21- Pet Fest Palmetto Islands County Park

## The month of March

The month of March is a time for celebration, wearing green, and St. Patrick's Day. In downtown Charleston, there is a St. Paddy's Day parade and a lot of people turn up for this event, especially those of the Irish descent. It is said that if someone does not wear green, they will get pinched. Green is the traditional color of the Irish. Also, Pubs are very crowded during St. Paddy's Day. A popular symbol of St P's Day is a four leaf clover, which is said to bring good luck to anyone who finds one. There is a mythical being that is also a big part of this special day, and that is a leprechaun. They have a red beard and hair, wear green, and they have black shoes with gold buckles. They are not seen often, as they are very sneaky and clever.



## What do you think of when you hear the words St. Patrick's day?

.....

Clover

The color green

Golden coins

Leprechauns

Pot o' gold

Parades

Irish people

## Sensory toys

For individuals with Autism, there are sensory toys and other things that help them when they are distracted or have a hard time concentrating in school or events. Some examples of these toys are fidget spinners, Tangle Jrs., Wikki Stix, and Silly Putty. If he/she needs another calming device, a weighted blanket is the perfect solution and it helps if someone is stressed or anxious about something. The heaviness of the weighted blanket helps calm the individual down a lot. If it is allowed, the boy or girl may bring the blanket or toy to school, as long as it is ok with the school.

