

# AUTISM NEWS NETWORK

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## What's happening this month

Due to the virus, no events are taking place at this time.

## Member of the month

David Mitchell is a member of the ANN. he supports the group and he is nice.



## Hanging in there

We have been struggling throughout this pandemic, but there are doctors and people working on the front lines, fighting this virus. I would like to take the time to thank them.

## Outdoor restaurants opening back up

I have just heard that some restaurants with outdoor dining will be opening back up. This has been such a hard time for us, and we have been anxious to go out to eat instead of getting it delivered to us or picking it up. Also there is news that beaches are going to be opening back up, which will be very nice since a lot of us have been cooped up in our homes, bored.



## Get outside

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Though we may still be quarantined, we can always do other things. Here's what we can do:

- Sit outside
- Take a walk around your neighborhood
- Hang out with your pets
- Read a book on the porch

Blissful Dreams is a horse therapy place open to individuals with disabilities. It's located in Huger, SC. The ANN has visited and it is amazing that the horses are taken care of and the owners are awesome too. A member of the ANN goes there to ride her favorite horse, who is named Godfrey. The horses at Blissful Dreams all have names, and there are also volunteers. If I went there again, I would want to take one of the horses home because they are so cute and loving.

