

AUTISM NEWS NETWORK

By: Ainsley Knight and Kristina Blake

What's happening this month

Due to the Coronavirus pandemic, no events are taking place.

Member of the month

Erin Hopper is a member of the ANN. She likes being part of the group and she is very supportive of everything we do.



Fall

Favorite things about Fall:

Jumping into a pile of leaves

School: Virtual vs In-Person

It's August, and school is back in session, but should students do it virtually or in-person? Many schools are open, while some are still deciding what to do. Of course, there are safety precautions put in place so that nothing happens. If students choose to do school online, they have a lower chance of catching coronavirus, and they get to stay home. If a student chooses to go to school and be there physically, they will have to wear a mask and social distance themselves from other students. I think the schools should still be closed since the virus has not calmed down yet.



Ending of Summer

Summer is ending, but at least it won't be hot. The weather will finally be cooler and we can enjoy all that the fall has to offer. Fall is the time for leaves, pumpkins, Halloween, and Thanksgiving, so it is going to be a very busy season.

Alone Time

Many people on the Autism spectrum need time to themselves. It helps them to relieve stress and the business of life. Sometimes, it helps to have some time to yourself. A good place to have some alone time is in a quiet room with no other people in it. When autistic individuals feel overstimulated, they go to their room to be by themselves and to calm down a little bit. When I have had a long day at work or am overstimulated, I go to my room to unwind and relax.

