AUTISM NEWS NETWORK

By: Kristina Blake

Member of the month

My Name is Evan Borton, I am 26 years old and on the autism spectrum. I'm from Hilton Head, SC. I'm also an identical twin and a cancer survivor. I am a workout fanatic. I walk 5-10 miles per day. I love music and finding new adventures I am a people person. Some of my other favorite things include movies, tv shows, video games, comic books, and anime. I am an honest, caring person who tries to make the best of life and take advantage of opportunity when it's possible. I see ANN as an opportunity to tell the world the truth about autism and how those of us on the spectrum are no different than anyone else.

The month of June

FATHER'S DAY

Father's Day is on the third Sunday in June, Father's Day honors the role fathers play in the family structure and society. The day recognizes not just fathers, but the father figures in our lives. These are the men we look up to who set solid examples for us and guide us throughout our lives.

Some of the ways you can celebrate the father figures in your live is to explore his favorite hobbies, encourage him to share a story or two, play a game or take him to one and most importantly cherish and enjoy your time with him.

I would like to also take this time to acknowledge my own Father, Donnie Blake this Fathers Day! I am beyond bless to have such an amazing dad that is so supporting, encouraging and caring along each step of the way. I know I probably don't say it or show it often enough and for that I am sorry, but I love you dad more then words can say!

Men's Health Month

Goal of Men's Health Week

The purpose of Men's Health Week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.This week gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury. Recognizing and preventing men's health problems is not just a man's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."

Helen Keller Deaf-Blind Awareness

American educator Helen Keller overcame the adversity of being blind and deaf to become one of the 20th century's leading humanitarians as well as co-founder of the ACLU.

Who Was Helen Keller?

Helen Keller was an American educator, advocate for the blind and deaf and co-founder of the ACLU. Stricken by an illness at the age of 2, Keller was left blind and deaf. Beginning in 1887, Keller's teacher, Anne Sullivan, helped her make tremendous progress with her ability to communicate, and Keller went on to college, graduating in 1904. During her lifetime, she received many honors in recognition of her accomplishments.

Flag Day

Flag Day, also called National Flag Day, in the United States, a day honouring the national flag, observed on June 14. The holiday commemorates the date in 1777 when the United States approved the design for its first national flag. Flag Day is celebrated on Monday, June 14, 2021 in the United States.

PTSD Awareness

PTSD is a disorder in which a person has difficulty recovering after experiencing or witnessing a terrifying event.

The condition may last months or years, with triggers that can bring back memories of the trauma accompanied by intense emotional and physical reactions.

A Little Inspiration Sent Your Way

From the Autism News Network

Please check out our Interviews and Podcast at https://www.theautismnewsnetwork.com/