

AUTISM NEWS NETWORK

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Happy 4th!!!



**What's happening
this month**



The month of July **American Independence day**



July 4th is celebrated as American Independence Day, which celebrates the country's independence from the British in 1776 with fireworks and festivals.

It's a federal holiday observed in the United States since 1941. The Fourth of July 2021 is on a Sunday, therefore the federal holiday will be observed on Monday, July 5th. All government offices, and banks will be closed.

Every town in the country holds some sort of fair, festival, or parade.

Many neighborhoods host barbecues, or go on picnics and set off fireworks. No matter where you are in the country, it will be festive.



Nathan's Hot Dog Eating Contest

Nathan's hot dog eating contest has been a Fourth of July tradition since the first recorded contest in 1972. According to CNN, Nathan's Hot Dog Eating Contest will still occur this year, with a few minor changes due to the pandemic, like having five contestants at a time instead of the usual 15.

Joey Chestnut holds the world's championship in the Nathan's hot dog contest, he's the one me and my family roots for each year.

The Nathan's Famous International Hot Dog Eating Contest attracts over 40,000 fans each year and is broadcast on ESPN to nearly two million viewers. The reigning champ, Joey Chestnut, holds the world record for the most hot dogs eaten at 73. That's equivalent to about 16 pounds, or as much as 42 billiard balls!



National Picnic Month

If you enjoy getting out of the house and eating outdoors then July is the month for you, as the whole of this month is National Picnic Month! There's something about the summer weather that brings out the relaxed hippy in us all, and what better way to wind down after a busy day/week at work than to slip on your

sandals, pack up your picnic basket and head to the outdoors with your nearest and dearest, and get yourself outside this National Picnic Month.



July is also National Watermelon Month

Facts about Watermelons, the watermelon is in the same botanical family as cucumbers, pumpkins, and squash. Watermelon is the most-consumed melon by weight in the United States. There are about 200-300 watermelon varieties in the U.S. and Mexico alone. The main five watermelon types are: seeded, seedless, mini, yellow, and orange.



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