AUTISM NEWS NETWORK

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The month of November



Thanksgiving Day is held on the fourth Thursday in November, It is a federal holiday, so most schools and businesses are closed. Allowing people to benefit from a long weekend. This is also known as Thanksgiving break.

Thanksgiving in the USA is a day when families gather together to celebrate, give thanks for what they are grateful for, and eat a traditional Thanksgiving dinner. The original Thanksgiving meal has evolved into the ubiquitous turkey and traditional sides such

as mashed potatoes, yams, stuffing, gravy, cranberry sauce, plus, of course, pumpkin pie. Happy Thanksgiving is a common expression used around the holiday and many simply refer to Thanksgiving as turkey day, since the Thanksgiving dinner has become such a significant ritual. It marks the opening of the Christmas season and shopping period. It is also a day for football games, namely the NFL, and other sporting events, both amateur and professional. Some people, wanting to give back, see the time as an occasion to volunteer at soup kitchens, food banks, etc. Parades take place, the most famous being the Macy's Thanksgiving Day Parade in New York, with millions attending and watching on television. In 2021, Macy's celebrate their 95th parade.

How Thanksgiving was started

Pilgrims Reach the New World in 1621 Religious separatists left Plymouth, England, bound for the New World on the Mayflower ship in September 1620. They hoped to find prosperity, a new way of life and the opportunity to practice their faith in freedom, the majority having left the Church of England. Over 3 months later, they crossed Massachusetts Bay and worked at setting up a village at Plymouth. Their first winter in Plymouth was particularly difficult. Most of the settlers lived aboard the ship, and disease and scurvy abounded.

Only half of them managed to survive the winter. This day of thanksgiving to God, combined with harvest celebrations, came to be celebrated annually in the New England area by the late 1600s, but on various days.



Black Friday

Black Friday takes place the day after Thanksgiving, it marks the beginning of the Christmas season giving consumers around one month to get their shopping done. It is one of the busiest shopping periods in the United States. Almost all stores come out with Doorbuster Sales with the early bird special to attract consumers to their shop. People stand in line hours before the stores are opened, to grab the bargains of the year.

If you happened to miss the sales on Black Friday there's good chance you'll find some good prices online for Cyber Monday. On November 29th, is the day to shop for deals from the comfort of home.

Veterans Day

Veterans Day is a federal holiday observed annually on November 11. If it falls on Saturday, the Friday before may be used for the holiday instead. If it occurs on a Sunday, then Monday may be used. Veterans Day is held in honor of all military veterans, including both the fallen and the living, who have served in the United States Armed Forces, during wartime or peacetime. While Veterans Day celebrates retired soldiers and victims inclusive of all wars on the same day annually.

The date of November 11 was originally designated in 1919 as it coincided with commemorating the end of World War I. Until 1954 when it was replaced, Veterans Day was known as Armistice Day.





Marine Corps Birthday

The Marine Corps Birthday on November 10 commemorates the date when the Continental Marines were established as an Armed Force of the United States, in 1775. This day honors the Marines, who have been defending the country since America was born.



World Kindness Day

World Kindness Day is a global day that promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day, celebrated on November 13 of each year, is to help everyone understand that compassion for others is what binds us all together. This understanding has the power to bridge the gap between nations.

Spread kindness by doing a good deed, such as raking a neighbor's yard or collecting their newspapers, writing a letter to a friend, or surprising your partner with their favorite dessert. Not only will it make you feel warm and fuzzy inside, but it'll put some positivity out into the universe, too.



Giving Tuesday

Giving Tuesday is observed in the United States on the Tuesday after Thanksgiving. The day happens at a time when people are starting their holiday shopping, and there are deals and sales in stores everywhere. Giving Tuesday reminds us to stop and think about those less fortunate, and raises awareness about the importance of doing charitable deeds and giving to those who need it the most.

This is a day about community and unites people of all backgrounds from around the world in doing something good for others, such as volunteering, donating to charity, and lifting each other's spirits during a time of year that is more difficult for some.



Celebrate your Unique Talent Day

Celebrate Your Unique Talent Day is observed every year on November 24. On this day, Embrace your unique talent no matter how strange it is and share it with others. Your unique and extraordinary talent can be anything like painting, dancing, singing, photography, gardening, art, writing, cooking, etc. This unofficial holiday encourages the unique talents of people and allows them to showcase it to the world.

The origin and history of Celebrate Your Unique Talent Day are unknown.

We all have amazing individual talents and these talents make us unique from the rest of the world and this day gives the perfect opportunity to celebrate those incredible talents not just for the world but ourselves. Not only extraordinary talents are celebrated on this day, but even those who have less obviously useful skills can celebrate their unique talents on this day. Some people know from an early age what their talent is and they start developing it from childhood but few people are not so lucky, and they go on seeking for the one unique thing they are good at. This day gives an opportunity to find out that unique talent and encourages us to show it others.





MICKEY MOUSE BIRTHDAY

On November 18th, Mickey Mouse Birthday commemorates the debut of a lovable mouse that was once a rabbit called Oswald. His character got his start on film on November 18, 1928, but before that, the story begins in 1927, when Walt Disney first sketched a floppy-eared bunny while under contract to Universal Studios. The events that unraveled brought us Mickey Mouse.



Daylight Saving Time Ends

Sunday November 7th, marks the time when Daylight Saving Time ends in the United States, and the clocks go backward one hour at 2 a.m. This means that the days become shorter and it becomes dark earlier.



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