AUTISM NEWS NETWORK

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The month of April April Fools' Day

Celebrated all over the wold on the 1st of April each year as a morning of jokes and tricks - but don't play a trick after noon or you are the fool! April Fools' Day is a day where many of us unleash our most creative sides, all in a hilarious – sometimes over the top – attempt at bamboozling those around us. Why do we do this, and where did it start? Well there surprisingly isn't a concrete conclusion by historians, but nevertheless, every spring we all put on our pranking caps to plan out the most devious and diabolical, yet safe and playful pranks we can think of, making this 24 hours possibly the most fun, exciting, and anxiety-filled day of the year!





Project Rex

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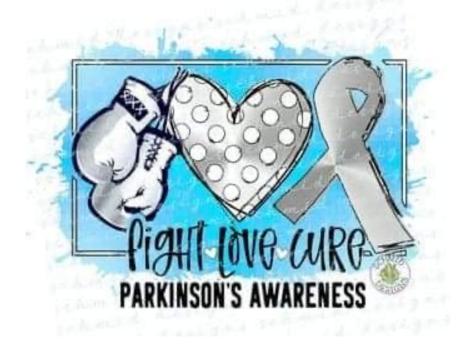
Autism Awareness Month

Autism Awareness Month in April aims to celebrate and promote acceptance for the condition that occurs in one in every 54 children as of 2020 in the United States. Autism, a complex developmental condition affecting the patient's ability to interact, communicate, and progress, has not one but many subtypes. First held in the year 1972 by the Autism Society, Autism Awareness Month emphasizes the need for public awareness to promote acceptance, celebrate the differences, and be more inclusive towards autistic individuals around us. World Autism Awareness Day is held on April 2nd each year, Autism-friendly events and educational activities take place all through the month of April to increase understanding and acceptance and foster worldwide support.



Parkinson's Awareness Month

Parkinson's Awareness Month is an opportunity to increase awareness about the ailment and its symptoms, as well as to support victims. Parkinson's is a long-term disorder where the central nervous system degenerates and that affects the motor system. Motor symptoms like trembling, stiffness, and rigidity are usually associated with Parkinson's disease. Symptoms typically occur slowly. One side is often affected first, but as Parkinson's disease progresses, both sides are affected. Celebrities such as Muhammed Ali and Michael J. Fox were diagnosed with Parkinson's.



Thomas Jefferson Day

on April 13 celebrates the birthday of Thomas Jefferson — the third president of the United States. He held office from 1801 to 1809, he was the principal author of the Declaration of Independence in 1776, and he was one of the most influential Founding Fathers. Jefferson is also known for his promotion of the ideals of Republicanism in the United States. During his presidency, he oversaw major events in American history such as the Louisiana Purchase in 1803 and the Lewis and Clark Expedition. Jefferson is remembered for many remarkable achievements. His most significant achievement was signing the Declaration of Independence.



<u>Sexual Assault Awareness Month/Child Abuse</u> <u>Awareness Month</u>

Observed each April, is a campaign that aims to increase awareness about the causes and risk factors for sexual assault and empower individuals to take steps to prevent it in their communities. Since 2001, the National Sexual Violence Research Center has coordinated annual programming, developing materials and resources for organizations and agencies to use. The SAAM campaign works with a variety of non-profit organizations and foundations to spread the message of awareness and prevention through educational programs, public events, and petitions for legislative action. Every year, Child Abuse Awareness Month is observed in April to recognize the efforts made by our communities and families in bringing up this issue in front of the world. Did you know that every one out of seven children in the U.S has experienced physical and sexual abuse? During this month, as well as the whole year, citizens are encouraged to raise the issue of child abuse and the well-being of children and families around the country.





Prevention Of Cruelty To Animals

The month of April is dedicated to the Prevention of Cruelty to Animals because being cruel to animals is an unjustifiable act that shouldn't exist in any civilized society. Last year about fifty American police dogs died of heat exhaustion from being locked in hot cars. This is why we need to remember to recognize April as National Prevention of Cruelty to Animals Month. As hard as it is to stomach, we need to think about how we treat our fellow creatures. Opposable thumbs and thinking about abstract concepts may separate us from animals, but these facts do not justify cruelty toward our four-legged friends. It's our responsibility to speak about the injustices we see for those who do not have a voice. Humans are capable of great destruction, but we are also capable of great good. Prevention of Cruelty to Animals Month is about recognizing our potential for both and doing something proactive.





National Siblings Day

Our siblings are our family, and they are a huge part of our lives – that's why we celebrate them on National Siblings Day every April 10! The holiday is also known as 'World Siblings Day.' Siblings are our best friends and sometimes our worst enemies. Our siblings encourage us to be our best, embarrass us, and be our biggest motivators and competitors. It's now growing into a nationwide day of both remembrance and celebration.



Palm Sunday

At National Today, things like triumphs and aspirations get our blood pumping and, this Palm Sunday, which falls on April 10 next, we are ready to welcome and celebrate the occasion. Palm Sunday is the beginning of Jesus' final week on earth. It is not an official federal holiday, which means that businesses usually are open and running. However, since Palm Sunday falls on a weekend (the Sunday before Easter), it gives people enough time and space to celebrate it by going to church and indulging in other traditions. Each country has its own share of cultural influences on Palm Sunday's celebrations. For example, in Latvia, Palm Sunday is celebrated as 'Pussy Willow Sunday' as these plants are used instead of the regular palm. What's also interesting is that children are customarily woken up on the day with a swipe of the willow.



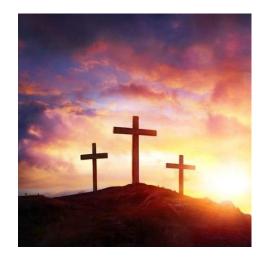
Animal Care And Control Appreciation Week

Animal Care and Control Appreciation Week, celebrated from April 11 to 17 this year, is an annual week-long event in the second week of April that celebrates and promotes animal control officers and animal service staff who risk their lives and dedicate countless hours for the safety of the public and animals. Just like any law enforcement agent, animal care and control officers are compassionate and committed people who serve on a daily basis to ensure the safety of pets, people, and wild animals.



Holy Week - April 10-16, 2022/Good Friday

Also called 'Great and Holy Week,' or 'Passion Week,' Holy Week in the Christian year is the week preceding Easter. Holy Week has five days of special significance, which start on Palm Sunday, the Sunday before Easter, until Holy Saturday (Black Saturday), but doesn't include Easter Sunday. Did you know? The day commemorating Jesus' crucifixion and death, Good Friday, has been celebrated since 100 A.D. as a day of fasting? This means that Christians around the world have celebrated Holy Week and observed different services during the week for over 1,900 years! Good Friday commemorates the death of Jesus on Calvary, the site just outside the walls of Jerusalem where Jesus was crucified. It falls on the Friday before Easter, for 2022, that's April 15. Most Christian denominations recognize Good Friday as a holy day, with many, including members of Catholic, Eastern Orthodox, and Lutheran faiths, fasting and attending church services.



Titanic Remembrance Day

Titanic Remembrance Day is observed every year on April 15. Did you know that the R.M.S. Titanic ship had four hull compartments that could be flooded without causing a critical loss of buoyancy, and was, thus, considered unsinkable? The day is set aside to remember the victims and survivors of the unfortunate sinking of the ship and reflect on how the world jointly responded to a heartbreaking disaster.



Easter

Easter is the single most important holy day throughout Christianity. It celebrates the resurrection of Jesus Christ — a central belief for Christians worldwide and the focal point of their faith. Religious scholars believe the event occurred three days after the Romans crucified Jesus in roughly 30 AD. Christians therefore derive hope that they too will experience a resurrection in heaven. Easter falls on the first Sunday after the first full moon after March 21. For 2022, Easter is on April 17. Easter is a 2,000-year-old Christian holiday that celebrates the resurrection of Jesus Christ and marks the arrival of Spring. For many, Easter is all about chocolate bunnies, dyed eggs, and bouquets of daffodils and lilies, but the holiday is one of the most important observances of the year for Christians around the world. Easter is also significantly associated with the exodus of the Jews from Egypt as depicted in the Old Testament and the Jewish holiday of Passover. The Last Supper, which took place the night before Jesus was arrested, is also linked to these events. Over time, many pagan celebrations have been merged with Easter to welcome the season of spring. These relatively modern traditions include the Easter bunny — a figure associated with spring, who brings colorful eggs symbolizing new life.

The origins of the concept of the Easter bunny have been disputed, but many agree that it started in Germany. Either way, the kids always look forward to his arrival, and decorating eggs, consuming candy, and community Easter egg hunts have become a huge part of the evolved Easter holiday.



Adult Autism Awareness Day

Adult Autism Awareness Day is observed by autistic adults and their loved ones each year on April 18. Autism, also known as Autism Spectrum Disorder (A.S.D.), can be identified as a broad range of conditions that are characterized by challenges pertaining to social skills, repetitive behaviors, speech, and nonverbal communication. Statistics show that in the United States, autism affects an estimated one in 54 children today. It is important to realize that there's no one type of autism — these conditions are often individualistic. Adults with autism are also significant contributors to fields of arts, commerce, science, and more. The day hopes to make life more convenient for autistic adults.



<u>Have a safe and Happy Easter!! And</u> <u>Happy Autism Awareness Month From</u> <u>The ANN!!!</u>

<u>Please check out our Interviews and</u> <u>Podcast at https://</u> <u>www.theautismnewsnetwork.com/</u>