# AUTISM NEWS NETWORK

By:Kristina Blake

# The month of June

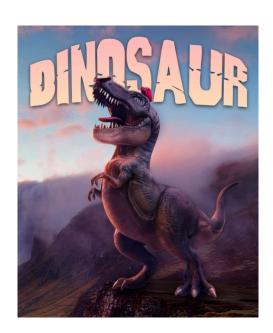
# World Reef Awareness Day

World Reef Awareness Day is on June 1 and helps to create awareness among various business communities and the general public about the fragile biological system of our oceans' coral reefs. This day unites people belonging to different backgrounds including environmentalists and social activists to come up with various ideas and techniques to protect the ecosystems of our reefs from deteriorating. The oldest corals appeared about 500 million years ago or even earlier. Researchers suggest that they began as plain, solitary organisms and, with time and constant environmental changes, transformed into the beautiful coral reefs that exist today.



# Dinosaur Day – June 1, 2022

Dinosaur Day is celebrated on May 15 and June 1 by people young and old to relive their most fascinating dinosaur fantasies. Even though scientists have found many dinosaur fossils dating back millions of years in different parts of the world, there is still so much that people don't know about these majestic reptiles. Dinosaur Day is the perfect time to increase our knowledge about the different types of dinosaurs, what they looked like, what they ate, and what ultimately happened to them.



# National Heimlich Maneuver Day – June 1, 2022

National Heimlich Maneuver Day is on June 1 and we are geared up to honor an important method that can help save someone from choking. The Heimlich maneuver is essentially an abdominal thrust where you place your fist slightly above the navel of a person who is choking. Then, with your other hand, you grasp your fist and shove it inward and upward to expel the object on which the person is choking.

# Stand For Children Day - June 1, 2022

Every year on Stand For Children Day, celebrated on I June, thousands of Americans raise awareness about the issues faced by children in the U.S. Some of the problems include education, childcare, access to health services, and personality-building activities. Over the years, the focus of the day has also shifted to ensuring that public schools are funded properly and include educated teachers who adopt modern teaching methods. Achieving racial justice, too, has become a critical mission since numerous children face discrimination from a young age. Motivated to make a difference for the children of tomorrow?

Now is the time to raise your voice!



# National Safety Month - June 2022

National Safety Month is celebrated in June when people focus on how they can keep their environment safe and free from any danger. It is a time to reflect on the working conditions around the country and how we can create a safer environment for those who work hard for honest pay. By learning about safety methods, we can increase pressure on employers to offer a safer working environment to their employees.



# National Scoliosis Awareness Month - June 2022

Scoliosis is a spinal deformity that affects one's appearance and posture — thankfully, National Scoliosis Awareness Month in June helps people to learn more about this condition, why it is caused, and how its effects can be reduced. Even though it is not a harmful condition, it makes people extremely conscious about their appearance. Some people even experience pain because of it. However, there are many simple things one can do to treat it.



# National Zoo and Aquarium Month - June 2022

National Zoo and Aquarium Month is celebrated annually in June to honor the role that zoos and aquariums play in the conservation and research of animal and fish species. National Zoo and Aquarium Month also promotes and encourages people to visit zoos and aquariums. Zoos and aquariums provide the opportunity for individuals to learn about animals and marine life. Many of them also offer different kinds of interactive educational programs to make learning more fun.



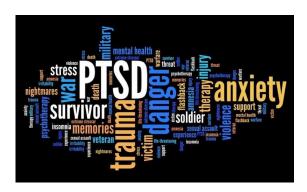
We're celebrating Oral Health Month in June, and you're invited! We care for every part of our body, so why should our mouths be neglected? Supported by the American Dental Association, Oral Health Month is a reminder about the importance of maintaining good oral hygiene, always.



# National PTSD Awareness Month - June 2022

PTSD, which stands for post-traumatic stress disorder, occurs in people after they have experienced a particularly traumatic event like war, violent physical/sexual/verbal assault, accidents, and so forth. Symptoms include depression, anxiety, nightmares, paranoia, insomnia, disturbing thoughts, and much more.

Many people recover from PTSD after a few days, weeks, or months. Yet, for others, the recovery road might mean one year or more. This mental disorder is highly treatable, but due to the lack of knowledge around it as well as the stigma attached to seeking mental help, many choose to ignore the problem and suffer through it.



#### Alzheimer's and Brain Awareness Month - June 2022

Alzheimer's and Brain Awareness Month is observed in June as an opportunity to spread the word about and discuss Alzheimer's disease and other dementias. Throughout the month, the Alzheimer's Association encourages people around the globe to support the movement by wearing purple and training their brains to fight the disease.



# National Oceans Month - June 2022

The ocean is known as the "lungs of the Earth" and very rightly so. It gives us many important foods and medicine. In fact, the majority of the Earth's oxygen also comes from the ocean. The ocean is home to majestic sea life such as fish, turtles, colorful coral reefs, and unique organisms.



#### National Men's Health Week

National Men's Health Week is June 13-20, the week leading up to Father's Day, because what better way to celebrate dad than to encourage him to take care of his health? The week is all about healthy bodies, hard exercise, good diet, and regular visits to the doctor. It's part of National Men's Health Month, a month-long recognition of men's health with activities and events to remind men to take care of their bodies. So whether you are a man or just love them, take some time this week to celebrate the male form and keeping it in tip-top shape!

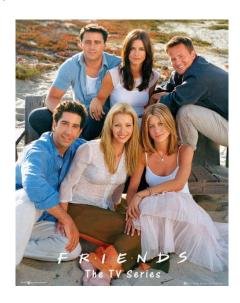
# Flag Day - June 14, 2022

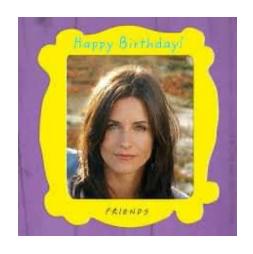
America's Flag Day marks the Second Continental Congress's adoption of the first U.S. national flag on June 14, 1777.



# Courtney Cox

Courteney Bass Cox, born on June 15, 1964, in Birmingham, Alabama, is an American actress, producer, and director. She is best known for playing Monica Geller in the comedy series "Friends,"





#### Corpus Christi – June 16, 2022

Corpus Christi is a Christian festival that is celebrated annually on the Thursday after Trinity Sunday, on June 16 this year. On this day, devout Christians gather together to honor the sacred body of Jesus Christ.

#### National Career Nurse Assistants Day - June 16, 2022

Assistants to nurses have been around for a very long time, since World War I actually! The war took its toll on the hundreds of nurses deployed alongside the soldiers, overwhelming them beyond exhaustion. Seeing this situation, the American Red Cross took it upon themselves to create a Volunteer Nurses' Aide Service. We're taking this opportunity to thank these entry-level professionals who act as coordinators between patients and doctors and who dedicate their lives to serving others.



# **Blake Shelton's birthday**

Blake Shelton, born on June 18, 1976, is an American country music singer and T.V. personality. Happy Birthday to my man Blake Shelton!!!



# Father's Day

Father's Day is celebrated on the third Sunday in June every year. On June 19 be sure to let your dad know how much he means to you. A father is neither an anchor to hold us back, nor a sail to take us there, but a guiding light whose love shows us the way." – Unknown

"Any man can be a father, it takes someone special to be a Dad."

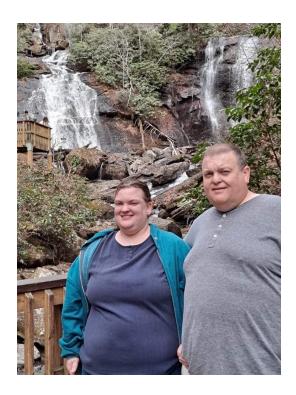
- Anne Geddes

"My Father didn't tell me how to live; he lived and let me watch him do it." – Clarence Budington Kelland

"Dads are most ordinary men turned by love into heroes, adventurers, story-tellers, and singers of song." – Pam Brown

"A Father is someone you look up to no matter how tall you grow." – Unknown

Happy Father's Day to all the dads out there and especially a special Happy Father's Day to my own dad Donnie Blake, thanks for everything you do for me and for loving me no matter what. I love you!!!



# **Happy Father's Day from the ANN!!!**

Some of our latest projects has included the SC. Aquarium

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https://www.theautismnewsnetwork.com/news/how-does-the-sc-aquarium-acclimate-animals-to-human-visitors/

https://www.theautismnewsnetwork.com/news/learningopportunities-popular-exhibits-at-the-south-carolinaaquarium/

Here is some that is up and out please check them out and stay tuned for more, in the meantime Please check out our other Interviews and Podcast at https:// www.theautismnewsnetwork.com/