### AUTISM NEWS NETWORK

By: Kristina Blake

## The month of July

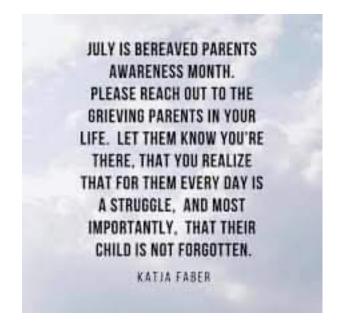
#### **Clean Beaches Week**

July 1-7 is Clean Beaches Week, an entire week to celebrate our beautiful beaches and ensure they stay clean, safe, and lovely for generations to come. Clean Beaches Week combines the spirit of Earth Day with the fun of Independence Day and pumps up the fun for an entire week. July 4 is the most popular beach day of the entire year, but it also results in the most litter on our shores. Clean Beaches Week is a way to educate beach-goers on proper beach behavior before the big day.



#### **Bereaved Parents Awareness Month**

Bereaved Parents Awareness Month is recognized every year in July. It is dedicated to raising awareness about the grief parents go through after the unfortunate loss of a child and the kind of support needed to overcome this unimaginable grief. It's common knowledge that parents should not have to outlive their children. The thought is so painful that many of us avoid the topic because even though most of us haven't experienced it, we know it's one of the worst things that can happen to a person. But it is during this difficult time that the people most affected by the tragedy — the parents — must know that they are loved and supported.





# Celebrate Postal Workers Day and U.S. Postage Stamp Day





#### **Cord Blood Awareness Month**

Not sure what cord blood is? It is the blood and tissue that is derived from the placenta and the baby's umbilical cord.

Doctors became more aware of the uses of cord blood and began to research the diseases it can cure, which include leukemia, blood diseases, Alzheimer's, as well as immune disorders. It was also discovered that cord blood was more effective than a bone marrow transplant.



#### Fragile X Awareness Month

Fragile X syndrome or F.X.S. is a rare genetic disorder caused by changes to the F.M.R.1 gene. F.M.R.I. is the gene responsible for the production of F.M.R.P.— a protein critical for brain development. People who have F.X.S. cannot make this protein. One of the signs is a developmental delay — a child having trouble sitting, talking, and walking like other kids the same age. Pay close attention to a child struggling to learn new skills or pay attention. F.X.S. symptoms can also manifest as social anxiety, acting without thinking, not making eye contact, or hand flapping. F.X.S. can increase the chances of intellectual disability or Autism Spectrum Disorder. F.X.S. still has no cure, which is why an early diagnosis is imperative. Families can avail of numerous therapeutic and behavioral services or reach out to support groups that can help. Fragile X Awareness Month aims to spread the word and advocate for research, support, and treatment to help patients live better-quality lives.



#### Hemochromatosis Screening And Awareness Month

Hemochromatosis is an iron storage disorder that causes the body to absorb excessive iron from foods and other sources, such as iron-fortified multivitamin supplements. This extra iron can gradually accumulate in the body's tissues and organs, particularly liver cells, the heart, the pancreas, joints, and the pituitary gland. Left untreated, the iron buildup may eventually cause tissue and organ damage.



#### **Juvenile Arthritis Awareness Month**

It is not just older people who are affected by arthritis, children get it too. Did you know, with kids, arthritis affects not just joints, but other organs too? Their immune system attacks their joints, causing swelling, stiffness, and sometimes permanent damage, which can get worse if left untreated. juvenile arthritis can affect the eyes, skin, and the gastrointestinal tract.



#### Sarcoma Awareness Month

Sarcoma' is the general term used to refer to a broad group of cancers that begin in the soft tissues and bones. Soft tissue sarcoma forms in the tissues that connect, support, and surround other body structures, including muscle, fat, blood vessels, nerves, tendons, and the lining of your joints. There is not only one type of sarcoma but actually more than 70 types. Sarcoma treatment varies depending on the type of sarcoma, location, and other factors.



#### **Independence Day**

Americans come together on July 4 to celebrate the nation's birthday and Independence Day. On this day, most Americans enjoy grills in their backyards, at beaches, or in parks. Some partake in parades or marches and enjoy the fireworks that are often launched at dusk.



# <u>Celebration Of The Horse Day/National I love Horses</u> <u>Day</u>

The purpose of Celebration of the Horse Day, celebrated on July 15 each year, is to encourage people to think about the economic, cultural, and historical contributions that horses have made to the United States. It was also established to honor the importance of horses to the country's security, recreation, and legacy, as well as their continuous impact on America through media such as film and their continued presence in open space. Horses have long been important to the American continent, even before the United States was founded. Horses are one of the most beloved and adored animals in the world. In fact, horses are in fourth place on the list of the world's most popular animals. Horses have been very important for humankind for a while now, having been domesticated since ancient times. Due to their versatility, horses are used in a variety of fields, from agriculture and transportation to entertainment. Horse racing and show jumping also see horses showing off in front of cheering crowds.





#### **Developmental Disability Professionals Day**

This day is all about recognizing the work done by developmental disability professionals, who often go unnoticed despite providing services to some of the most vulnerable people in the country.



#### National Zoo Keeper Week

The week-long observance aims to appreciate zookeepers' hard work, conservation efforts, and passion. They're absolutely essential to the smooth functioning of any zoo and the continuance of the animal care profession.



#### **Space Exploration Day**

President Ronald Reagan created this holiday to commemorate the first crewed mission to the moon and moon landing, which took place on July 20, 1969. Eight years after President John F. Kennedy set a goal for America to land on the moon before the end of the decade, the Apollo 11 mission succeeded. The day also seeks to inspire and encourage young people to pursue careers in space sciences and space exploration. So, let's look to the heavens and remember the incredible space advances humanity has made thus far, and dream of where we will still go.



#### **Comic Con**

Comic-Cons are held all over, but the main event that people think of is the San Diego Comic-Con, the most well-known one of its kind. Comic-Con not only has comics but also has other related pop culture entertainment forms such as gaming, movies, and T.V. shows. Surprisingly, the San Diego Comic-Con is a non-profit event. Comic books have played a very important role in the development of movies, books, culture, and arts as we see them today. An integral and yet distinct part of the pop arts, comic books are replete with gripping bright pictures and colors – and actions. There are superheroes, villains, funny characters, and generally great stories that are brought to life all through the pages of the comic book.



# Here is some of our latest videos that has been up and posted!

<u>https://www.theautismnewsnetwork.com/news/what-are-these-strange-pipes-i-keep-seeing-at-the-beach/</u>

<u>https://www.theautismnewsnetwork.com/news/being-inspired-to-work-at-the-south-carolina-aquarium/</u>

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