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# AUTISM NEWS NETWORK

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By: Kristina Blake

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## The month of August

### **DOGust 1st: Universal Birthday for Shelter Dogs –** **August 1, 2022**

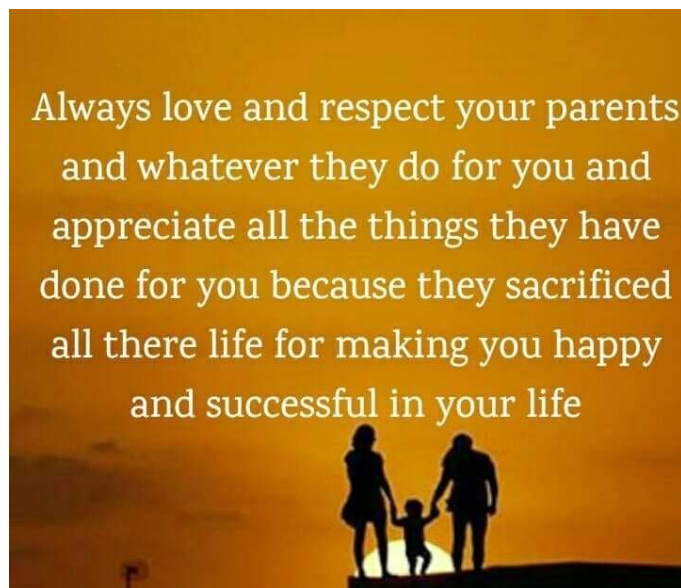
August 1 is known as Dogust 1st: Universal Birthday for Shelter Dogs. Thousands of sweet dogs land at animal shelters until they can find forever homes. If you've ever visited a shelter, you know the heart-wrenching looks on their faces. But there's always hope. Back in 2008, the world's largest no-kill animal rescue and adoption organization, North Shore Animal League America chose August 1 (or "DOGust 1st") as the universal birthday for all shelter dogs, or as it refers to them, "mutt-i-grees." This date inspires all of us to consider their plight. Join us this summer by sharing your love for these precious creatures. Shelters across America join North Shore Animal League on this day by making an extra effort to facilitate adoptions.

DOGust 1st was a date picked by the North Shore Animal League America to symbolize the birthday of all shelter dogs across America. This “birthday” applies to dogs who don’t have an official record in place. Shelter workers can estimate a dog’s age, but they can never know precisely when they were born and nobody wants to see a dog go without a birthday! When these dogs are adopted, their new family might give them a new birthday, but for those without a home, this date serves as a universal celebration. North Shore Animal League America uses this date to work with shelters across the country to promote adoption and acceptance of shelter dogs into new forever families. The aim is keep their lives happy, healthy, and fulfilled. On DOGust 1st, it is encouraged to spread the word and raise awareness about pet adoption services and shelters in general, praising them for all the incredible work they do in rescuing and caring for animals across the country and the world.



## **Respect For Parents Day – August 1, 2022**

Respect For Parents Day is celebrated on August 1 every year. The day is treated as the perfect starting point to teach young children about respecting their parents and other parental figures in their lives. It is also a great day to express your gratitude and love for your parents by celebrating the day with them. Respect For Parents Day was started as a way to appreciate all parents who have selflessly dedicated their lives to their children and have worked tirelessly to give them a happy and safe childhood. The day celebrates the eternal love between children and their parents.



## **Back to School Month – August 2022**

If the “summer-ending-and-school-starting” ritual makes you anxious, then participate in Back to School Month this August — an event that helps parents, students, and teachers prepare for the new academic year. Celebrated since the 1960s, Back to School Month will motivate you to start your back-to-school shopping and get you excited overall. So put away the beach bag and pick up the backpack, because it’s time for Back to School Month events —and we want you to get an “A” for participation. Time to hit the books and head to school because it’s Back To School Month throughout August!





## **National Eye Exam Month – August 2022**

This August, observe National Eye Exam Month by learning about ways to keep your vision clear and healthy. As we age, getting a baseline eye exam can detect early signs of disease or damage to your eyes. Ophthalmologists recommend periodic eye exams every 2-4 years from the ages of 40 to 65, and every 1-2 years after the age of 65. While most symptoms are often disregarded, getting a simple checkup and following a doctor's orders can greatly lower risks of more severe and future damage, and you can continue to enjoy healthy vision.



## **National Immunization Awareness Month – August 2022**

When was the last time you checked to see if your immune system is up to date? This August, National Immunization Awareness Month raises awareness and encourages everyone to make sure they are current on the necessary vaccinations for potentially harmful diseases. Many diseases can be easily prevented by administering vaccines, and thus, protecting you from unseen viruses. Take the necessary precautions with a simple call to your doctor, and avoid potential harm while leading a healthy, happy life.



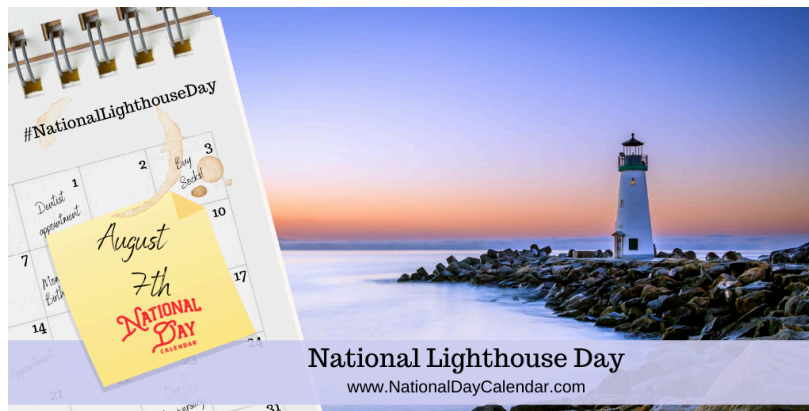
## **Farmworker Appreciation Day – August 6, 2022**

Farmworker Appreciation Day is celebrated on August 6 annually. This day aims to raise awareness about the importance of the work that people do on the farm. The truth is that farmworkers work even under the hot summer sun to bring in the harvest. Every year, you can see them as you are driving by the fields. Most of their work only happens during summer, and this means that many of these individuals return to their home country when the season is over. Farmworkers are usually forgotten and this day is special to honor and thank them for all they have done.



## **National Lighthouse Day – August 7, 2022**

Observed annually on August 7th, National Lighthouse Day honors the beacon of light that for hundreds of years symbolized safety and security for ships and boats at sea. At one time, the beacon of light could be found across almost all of America's shorelines.



## **Purple Heart Day – August 7, 2022**

Purple Heart Day, on August 7th, commemorates the creation of the oldest American military decoration for military merit. The Purple Heart honors the men and women who are of the Military Order of the Purple Heart. During the American Revolutionary War, the Badge for Military Merit decorated six known soldiers.



## **Elvis Week – August 9-17, 2022**

Elvis Presley's grand legacy sees a huge resurgence during Elvis Week, which is held in August each year and coincides with his death anniversary, August 16. The dates are released to the public well before the event and will take place from August 9 to 17 this year. The week celebrates the King of Rock 'n' Roll, his music and movies, and pays respect to all things Presley in a typically flamboyant and fun fashion. This event is a pilgrimage and phenomenon of sorts for music lovers and fans globally.





## **National Son and Daughter Day – August 11, 2022**

National Son's and Daughter's Day on August 11th brings parents and their children together for quality time. On this day, be with the joys of your life. Let your children know that you are glad they are part of your life. While listening to the events of their day, share family stories. Find out about their hopes and dreams. Learn what inspires them. Teach them something new, or maybe there's something they can teach you. Enjoy every day you have with them and spend as much quality time as you can.



## **National Leathercraft Day – August 15, 2022**

National Leathercraft Day on August 15th honors the rich heritage, artistry, and skill of leathercrafting. The versatility of leather has proven to be artistic and utilitarian since ancient times. In the hands of a skilled craftsman, leather transforms. Some of the most durable and usable products come from leather. A supple leather belt or a hard-working saddle hold up to their intended purpose. Stylish boots and clothing often do double duty making us look good and keeping us safe. The options are endless. Perfected over time, specialty techniques and designs give leather products long-lasting wear and use. And today, leather continues to be as fashionable as ever.



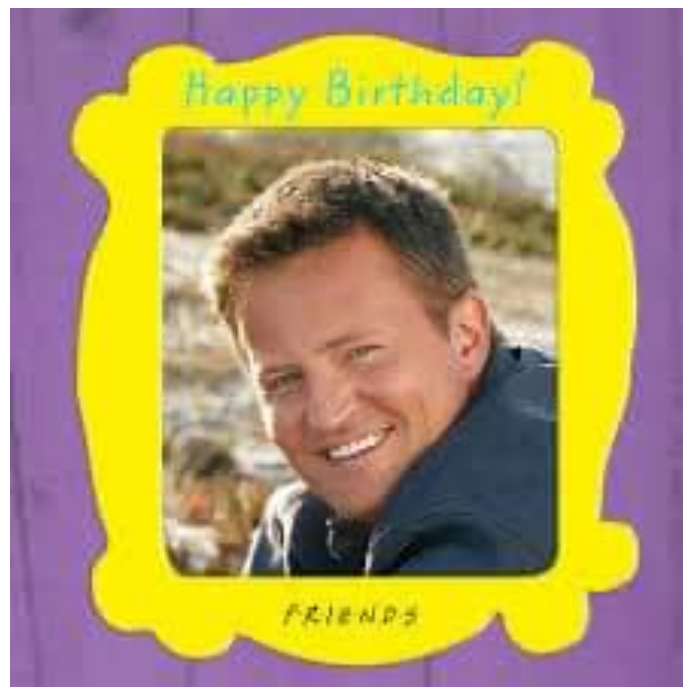
## **National Nonprofit Day – August 17, 2022**

On August 17th, National Nonprofit Day (NND) recognizes the goals and positive impacts nonprofits have on communities and the world. Somewhere a volunteer reads to school children. At the same time, a patient receives steady medication. A lawyer provides legal services for low-income individuals. A lost soul's life is remembered with dignity, thanks to a nonprofit funeral home. Elsewhere, a first-time homebuyer moves into his own home. NND reminds us that each of these scenes is possible thanks to the nonprofit sector. It's the result of the work performed by capable people and organizations.



## **Matthew Perry**

Matthew Perry, born August 19, 1969, became a household name with his role as Chandler Bing in the massively popular sitcom “Friends,” which pioneered an almost-entirely new television genre. Before starring in “Friends,” Perry had starred in drama films and T.V. series rather than comedies. During and after filming “Friends”, Perry also starred in several films spanning many genres from romantic comedy to action movies alongside other big names in Hollywood. Despite being an actor first, Perry has also dabbled in directing, scriptwriting, and live theater, making him a quadruple threat in the acting world. Help us celebrate his birthday here today!



## **National Aviation Day – August 19, 2022**

Two American inventors and aviation pioneers, the Wright brothers are credited with inventing and building the world's first successful airplane and making the first controlled powered and sustained heavier-than-air human flight on December 17, 1903.



## **National Radio Day – August 20, 2022**

On August 20th, National Radio Day recognizes the great invention of the radio. Celebrate the news, information, music, and stories carried across the airwaves. Several inventors participated in the invention of the radio in the late 1800s. Amazingly, not just one person can be credited with its beginning. Instead, each component developed through invention and discovery. As these technologies converged, the radio came to life.





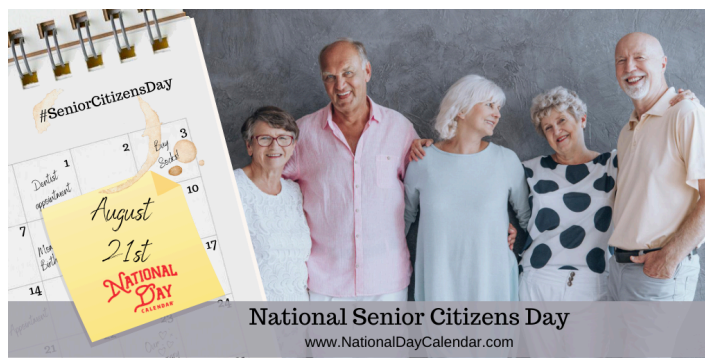
## **World Honey Bee Day – August 20, 2022**

World Honey Bee Day on the third Saturday in August brings a buzzing celebration for beekeepers, honey lovers, and all blooming things. The day recognizes both the honey bee and the beekeepers who tend the hives. It also encourages everyone to enjoy and buy locally grown honey.



## **National Senior Citizens Day – August 21, 2022**

On August 21st, National Senior Citizens Day recognizes the achievements of the more mature representatives of our nation. The day provides an opportunity to show our appreciation for their dedication, accomplishments, and services they give throughout their lives.



## **Be An Angel Day – August 22, 2022**

On August 22nd, National Be an Angel Day encourages good deeds and kindness to others. By supporting those in need and inspiring others to kindness, we display an act of an angel here on earth. The day also recognizes those who've been angels to us. Sometimes we have a terrible day. Whether its bad news or poor planning, we all have them. A kind word, a hug, or even a pleasant atmosphere makes a difference.



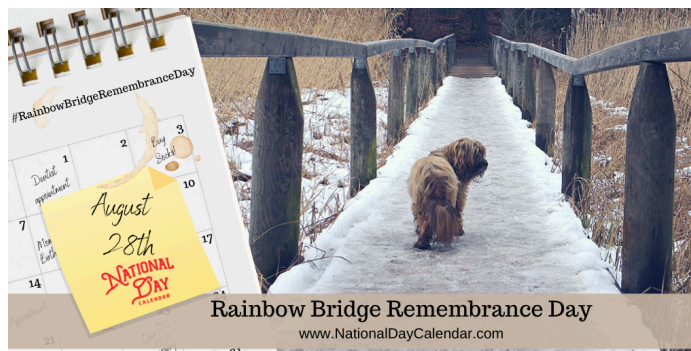
## **National Surgical Oncologist Day – August 22, 2022**

National Surgical Oncologist Day recognizes the accomplishments of every lifesaving surgeon who specializes in abolishing cancer! Surgical oncologists help to both diagnose cancer and cure it through surgery. They may perform a needle biopsy to take a sample or perform surgery to remove all or parts of the cancerous tissue. At the same time, they work with a team of experts to provide you with the best possible care available.



## **Rainbow Bridge Remembrance Day – August 28, 2022**

Rainbow Bridge Remembrance Day on August 28th sets aside a day to remember the pet companions we've lost. The death of a pet, whether furry, feathered, or an uncommon variety, is felt deeply. They become family and a familiar part of our lives. Mourning their death is different for everyone, and the observance provides a way to help heal the ache of loss.

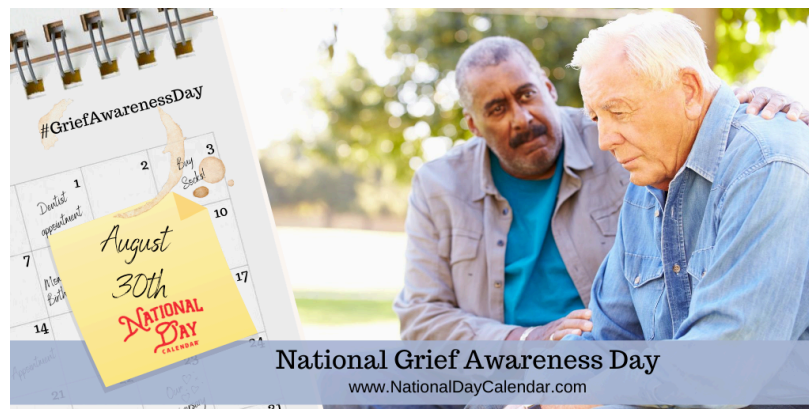


## **National Grief Awareness Day – August 30, 2022**

On August 30, National Grief Awareness Day recognizes the time it takes to heal from loss doesn't have a prescribed course and is a reminder closure comes in many forms. When a loved one dies, the void they leave affects everyone differently.

Throughout the day, take stock of those in your life who have been affected by a form of loss. The death of a loved one, a close friend or enduring an extreme change in their lifestyle can trigger grief.

When we lose the stability of shelter, a job or a routine we have known for years, we suffer a type of loss that requires closure. Some adjust to these changes easily, and others take time to become familiar with new routines. Offer to listen to a friend or ask them to join



We would like to give a special shout-out to Raphael James for taking his time out of his busy schedule to come visit the ANN!!

We would like to give a special shout-out to Apple Charleston for allowing the ANN to be able to come out to do classes with them.

We would like to give a special shout-out to Contender eSports for allowing the ANN to come out to do some interviews and gaming with them.

We would like to give a special shout-out to the South Carolina Aquarium for allowing the ANN to come out to do some interviews with them and enjoying the day going through.

These outings have been very much appreciated, thank you to everyone of them for allowing us to have these opportunities it really means a lot!!!

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