
AUTISM NEWS NETWORK

By: Kristina Blake

The month of September **Animal Pain Awareness Month**

Pain isn't fun for any of us, and our furry friends are no exception. September is Animal Pain Awareness Month. It helps educate and inform pet owners about animal discomfort. The goal is to help pet owners learn about their pets' health and well-being when it comes to pain management, be it acute or chronic pain. This can greatly improve their quality of life.



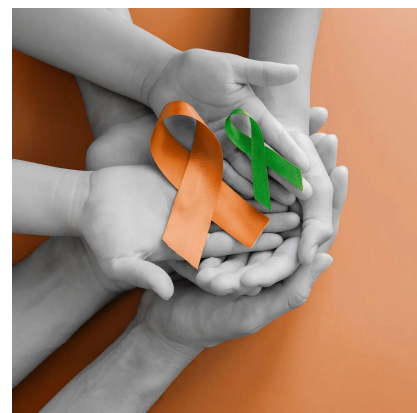
Stand Up To Cancer

Stand Up To Cancer Day is observed every second Friday of September, on September 9 this year. It is a day for creating cancer awareness. It is also a time to support the fight against cancer, using various means. The day has been observed since 2008, and it has helped to gather massive support from researchers and scientists.

Blood Cancer Awareness Month/Leukemia and Lymphoma Awareness Month

September is designated as Blood Cancer Awareness Month to support patients affected by blood cancer, spread awareness, and raise funds to progress research on blood cancer. There are three main types of blood cancer — leukemia, lymphoma, and myeloma. Nearly 1.3 million people in the United States are in remission or in treatment for blood cancer. Treatment has advanced greatly over the years, increasing survival rates, but there is still a long way to go.

Leukemia and Lymphoma are some of the most common cancers making up for 10% of all diagnosis and favorable outcomes.



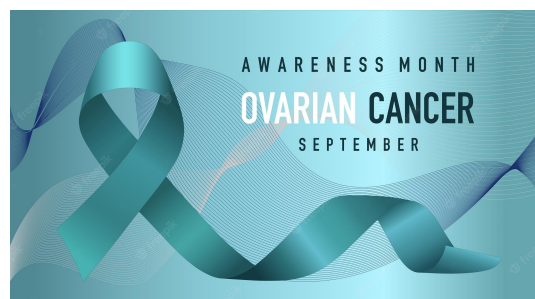
Childhood Cancer Awareness Month

This Childhood Cancer Awareness Month in September , find out all that you can about the different types of cancers that affect children. The more you know, the more lives you will be able to save by providing friends and family with crucial information regarding the disease at an early stage. To reduce the mortality rate of children, numerous childhood cancer organizations around the world create awareness campaigns and raise funds for research regarding prevention and cure. The American Childhood Cancer Organization also encourages everyone to spread awareness for the cause by wearing a gold ribbon. This year, play an important role in the initiative by spreading the message.



Gynecologic Cancer Awareness Month

These are forms of cancers that affect the female reproductive system, including the cervix, ovaries, fallopian tubes, uterus, vulva, and vagina. Ovarian cancer often have no symptoms, making it difficult to diagnose. Poly cystic Ovarian Syndrome (PCOS), affects as much as 20% of woman between the ages of 18 and 44. PCOS is one of the leading causes of poor fertility. There is no cure but treatment can significantly reduce the risk of long term complications. The fact is that every woman is at risk for Gynecological cancer and not all survive. The more you know and understand early signs and symptoms can help drastically decrease deaths and save many lives.



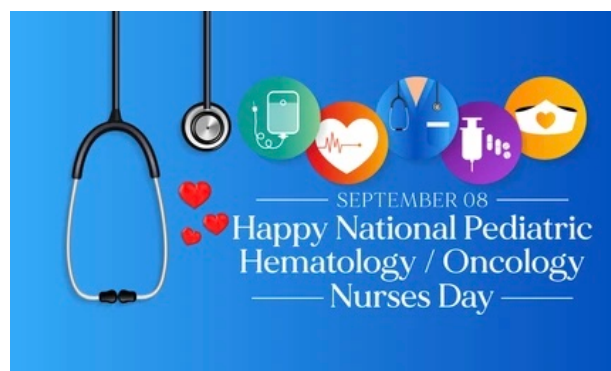
Prostate Cancer Awareness Month

This cancer mainly affects men over the age of 50. Every year more than 174,600 men are diagnosed and about 31,600 succumb to the disease.



National Pediatric Hematology/Oncology Nurses Day

People around the United States celebrate National Pediatric Hematology/Oncology Nurses' Day on Sept 8th. Oncology, pediatrics, and hematology are some of the most critical fields of medicine, requiring special attention from all practitioners. These brave nurses are honored on this day for their invaluable contributions and acts of service.



National Atrial Fibrillation Awareness Month

National Atrial Fibrillation Awareness Month is in September each year, organized by the Heart Rhythm Society. It's important to increase awareness of this cardiac ailment during this crucial month. Atrial fibrillation (A-Fib) causes irregular heartbeats. It can become life-threatening if the right course of therapy is not taken. Millions of Americans have A-Fib but are completely unaware of it. Often, the mild A-Fib symptoms can go unnoticed. Others may experience a persistent and crippling form of the illness. Atrial fibrillation occurs when the heart's upper chambers don't beat in sync with the lower chambers. When this happens, a person's heartbeat becomes irregular or slow. Some of the signs people should watch for are fatigue, shortness of breath, weakness, irregular heartbeat, and palpitations.



National Guide Dog And Service Dog Month

National Guide Dog Day is held in September every year. It is a month-long celebration set apart to honor the work of guide dogs and raise awareness, appreciation, and support for guide dog schools across the U.S. Guide dogs go through rigorous training from an early age. They help those with sensory issues such as blindness and provide added mobility and independence for those who might not have otherwise had such freedoms. Service dogs are more than just pets since they have been trained to take care of humans suffering from certain ailments, disabilities, or mental health issues. Therefore, the sole purpose of their life becomes to aid their human companion and make their lives easier. This is why it is essential to honor these hard-working pups. In the month of September, a drive is held to collect funds that go towards funding non-profit guide dog organizations accredited by the International Guide Dog Federation.



National Suicide Prevention Month

There are an average of 123 suicides each day in this country. It's the tenth leading cause of death in America — second leading for ages 25-34, and third leading for ages 15-24. National Suicide Prevention Week, which begins on September 4 and ends on September 10 this year, is an annual campaign observed in the United States to educate and inform the general public about suicide prevention and the warning signs of suicide. To encourage the pursuit of mental health assistance because going to therapy should be as normalized as going to the gym.

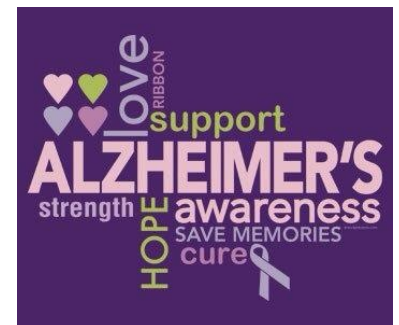
National Law Enforcement Suicide Awareness Day – September 26, 2022

This day is called Blue H.E.L.P it was created in 2020 to recognize the issues, support the families, provide solutions, respect those who have died, and continue to raise awareness to end suicide. We must assure everyone that they are not alone.



Pain Awareness Month

Pain Awareness Month aims to make the public aware of how prevalent general pain is, educate them on how to deal with pain, and collect funding for research into the causes and treatment of various forms of pain. Pain sufferers are joining together to enhance therapy and alleviate the agony they are experiencing. Chronic pain directly impacts millions of people in the United States.

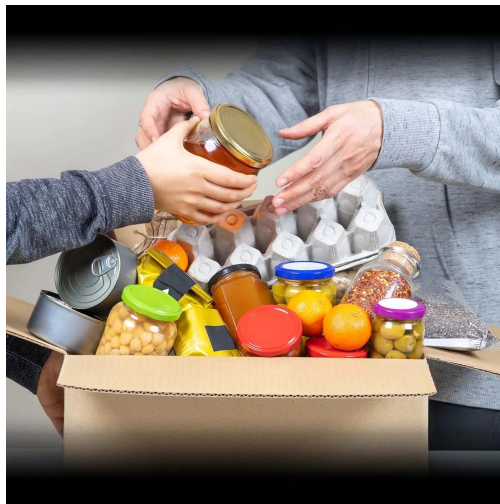


World Alzheimer's Month

Alzheimer's disease is the most common form of dementia, affecting about 6 percent of people 65 and older. It is, in fact, not a normal part of aging. Scientists don't know what causes Alzheimer's. The disease affects parts of the brain that control memory, thought, and language. There is no cure, but experts think that lowering blood pressure, exercising, and not smoking may reduce the risk.

National Food Bank Day

Hunger is a continuing problem in our global community and National Food Bank Day is a reminder to others that no one should go to bed hungry. Food banks provide food to the poor with the help of volunteers and social workers. They also promote tools for self-sufficiency. This day is to honor those workers, volunteers, and food bank charities who work in this regard.



Labor Day

Do you get weekends off work? Lunch breaks? Paid vacation? An eight-hour workday? Social security? If you said “yes” to any of these questions, you can thank labor unions and the U.S. labor movement for it. Years of hard-fought battles (and the ensuing legislation they inspired) resulted in many of the most basic benefits we enjoy at our jobs today. On the first Monday in September, we take the day off to celebrate Labor Day and reflect on the American worker’s contributions to our country.



International Fetal Alcohol Spectrum Disorders Awareness Day

Since there is no known safe amount of alcohol that can be consumed during pregnancy, it is the responsibility of the whole community to support alcohol-free pregnancies. Alcohol can cause severe physical, behavioral, and neurological difficulties in children that last for their whole lives. Join us as we create awareness of this important issue by celebrating International Fetal Alcohol Spectrum Disorders Awareness Day.



Farmers' Consumer Awareness Day

Farmers' Consumer Awareness Day occurs on the second Saturday of September, on September 10 this year. It is a holiday that is designed to give the public a view into the lives and work of farmers. It is usually hosted in Quincy but has a nationwide appeal. The holiday offers wonderful insight into agriculture, through a variety of fun activities. These include parades, fun runs, entertainment, exhibitions, displays of farm equipment, displays of art and talents, tours of farming areas, and many others.

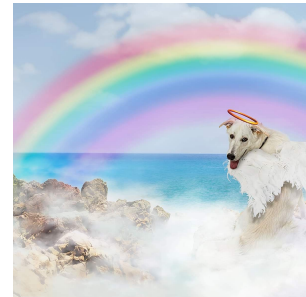
Patriot Day

On September 11, Patriot Day gives all of us time to reflect on the devastating terror attacks that took nearly 3,000 lives. We commemorate those who we lost and give thanks to the brave first responders who put their lives on the line. The bravery of American citizens and uniformed personnel in the face of one of the world's most terrible terrorist attacks is remembered on National Day of Service and Remembrance on September 11.



National Pet Memorial Day

On National Pet Memorial Day, every second Sunday in September, on September 11 this year, pet owners across the country remember their beloved pets who have passed on. For many of us, pets are loved ones on scale with some of the most important people in our lives – when they often die before us, it's not an easy loss. We're not alone in remembering some of our favorite pets for the rest of our lives, and there are many ways of memorializing pets. National Pet Memorial Day is a great day to think back to your favorite pets and honor their memory.



Grandparents Day

On the first Sunday after Labor Day we celebrate National Grandparents Day. This year the date falls on September 11. Like Mother's day and Father's day we also have a whole day dedicated to our grandparents. Grandparents and children have a special connection that is proven to both make grandparents live longer, and also make children more emotionally resilient.

Grandparents Day is an opportunity to treasure that connection and spend some quality family time together.



Oktoberfest – September 17-October 2, 2022

Oktoberfest is a 16-day festival held every year in Munich during late September and early October. The festival, which stretches from September 17 to October 3 this year, features parades, food, live music and a boatload of beer. More than 6 million revelers attend the festival each year. Together they consume a whopping 7 million liters of beer.



U.S. Air Force Day – September 18, 2022

This holiday celebrates the day the U.S. Air Force became an independent organization and recognizes the many accomplishments the USAF has made. Most importantly, this day honors the sacrifices of many and raises awareness of the importance of national security to our freedom.



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